

Physical Examination Required for School Sports

Dear Parent/Guardian:

An up-to-date physical examination must be on file with the school before a student tries out for, practices, or plays a school sport. Sports physicals are intended to determine if a student is healthy enough to participate in sports and to help minimize the risk of sports-related injuries. Your child may not participate in sports programs without a completed sports physical exam.

A copy of the examination form must be on file for your student every _____ school year(s) for each sporting event.

The attached examination form is to be completed by your healthcare provider. If you have questions or require assistance, please contact:

Name: _____

Phone: _____

Upon completion of your child's physical examination, take or send a copy to your child's school.

Sincerely,

Name: _____

Title: _____

Phone Email Address: _____